



## Fungal Nails

*You can't get rid of them over night! Have your toenails looking great for next spring!*

### How Did You Get It?

Sweaty tennis shoes and moist socks create the perfect conditions for them. The fungi thrive in a warm, moist, dark environment and they eat the protein keratin that our skin produces. Although fungi may be present in the skin around the nails, one may not develop a nail infection without history of injury, such as bruised nails from short shoes, inflammation from an **ingrown nail**, or from cutting the nails incorrectly or too short. In other words, the organisms do not invade intact, healthy, normal skin or nails. Other contributing factors would be excessive perspiration, and Dermatophytosis (**Athlete's Foot**), which is caused by similar fungi.

## What treatment options are available?

If left untreated, fungal nail infections can affect the entire nail and surrounding skin. Thankfully, many new options are available to rid your toes of unsightly and embarrassing colors or images.

- **Laser Therapy**- Painless, quick and easy. This effective option will help make ugly, unsightly nails look great and beautiful! It's an in-office procedure that lasts only ~ 15 minutes.

- **Keryflex**- A cosmetic fix to the embarrassing look of fungus on your toenails. This will make your toenails look instantly better. Perfect for summer seasons, weddings, and any other time you feel embarrassed by your toenails.

- **Formula 3**- A great option to continue treatments in your own home. Simple and easy as painting your nails!

[www.TheFootPros.com](http://www.TheFootPros.com)

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## Connect with us!





## "I Got My Toenail Fungus Treated, Why Did It Come Back?"

Fungus that causes infections in the feet and nails are environmental in nature i.e. they live all around us every day. The fungus can infect your shoes, socks, bathroom, and anywhere else your barefoot feet ventured.

For this reason we offer a preventative nail fungus plan to ensure you get rid of the **nail fungus**, and prevent it from coming back. Using the **laser** is a patient's dream; here is an easy, efficient, pain free, and virtually side effect free method at getting rid of those ugly looking nails!

The procedure is done in our office and takes only about 30 minutes. In some cases **Drs. Marco Vargas** and **Joyce Lee** will file the surface of the infected nail (a process known medically as debridement) before hand to enhance the laser's penetration. During the laser itself, you will just feel a warming sensation.

The procedure is painless and the nail is not removed. The procedure produces no known side effects. You can return to your regular activities immediately. You can even apply polish to your nails, if you wish (although you must remove any polish before treatment).

We recommend coming in every 3-6 months with the laser for maintenance. By continually suppressing the fungus from infecting your nails, you ensure a long healthy life of beach going and flip flop wearing without fear.

Marco A. Vargas, DPM FACFAS



Joyce Lee, DPM FACFAS



Cari Diaz  
Practice Manager

Lauren Kalis  
Certified Athletic Trainer

Diana Ramirez  
Patient Care Coordinator

Roxanne Jone  
Medical Assistant Back Office



## Laser Testimonials



"I tried other topical medication but didn't experience any change. I've seen great improvement since 3 months of laser treatments. It is amazing."

-Nancy A.

"I heard about laser treatment from Groupon. Today is my second visit and I'm already seeing the fungal infection get better!"

-Chris S.

"I would recommend laser treatment because it is the only treatment that seems to work."

-Ellen V.



### Facebook Offer!

#### Formula 3 Anti-Fungal Topical Treatment



1. Open up the Facebook app on your iPhone and tap "Check In" from your news feed or the Nearby tab. Update your status and let your friends know where you are. Tap the icon to load a list of nearby locations.
2. Tap on our office and finish updating your status. When you check in, the check-in deal will appear under your status.
3. Tap on the "Claim deal" button and follow the instructions to claim your deal.

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